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Replace The Cap On The Top Of The Vertical Column.
Remove Safety Hitch Pin And Safety Pin From Vertical
Column. Be Sure The Cable Pulley Is Attached To The
Underside Of The Glideboard For Folding. Position One
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The 1700 Model Comes With Press-up Bars, Dip Bars
And A Wing Attachment For Pull-ups And Leg Curls.
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