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That Bhakti Comes After Jnana, For How Can You Love Something Which You Don't Know? Real Bhakti (or Parabhakti Or Devotion) Arises After You Have Some
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SivanandaOrleans@sivananda.net). A DAY AT THE ASHRAM 6h - Meditation, Mantra Chanting And Lecture (Satsang) 8h - Asanas And Pranayama 10h -

Vegetarian Lunch 11h - Karma Yoga (one Hour Of Service In TheLoire Valley, France Ashram) 12h30 -

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Iyengar At The Ramamani Iyengar Memorial Institute
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