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### **14-Day Detox Program - Dr. Nikolas Hedberg, D.C.**

Select Cleanse® May Be Mixed Simply With Water And/or Unsweetened Plant Milk (rice, Coconut, Almond, Etc.) Or Blended With Fruits, Greens Or Other Ingredients As Advised. Select Cleanse ® 14-Day Detox Program Product Checklist Required ☒  
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0 Oriented A Nd Can Do Serial Additions 1 Cannot Do Serial Additions Or Is Uncertain About Date 2 Disoriented By Date No More Than 2 Calendar Days 3 Disoriented For Date By More Than 2 Calendar Days 4 Disoriented For Place And Person Total CIWA-A Score: [\_\_\_\_] Rater's Initials: [\_\_ \_\_\_\_] Maximum Possible Score: 67 . Page 3 Feb 16th, 2024

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Over The Course Of The 14-Day Detox, You Will Be Drinking 1 To 3 Select Cleanse® Shakes Per Day In Place Of Regular Meals. Most People Begin With A Shake For Breakfast And Continue This Routine Throughout The Program As Additional Shakes Take The Place Jun 2th, 2024

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