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Kamakawiwo'ole, 116 Bpm, 2:25 The Climb Begins  
With A Heavy Load, Pedaling At 62 Rpm Between 95%  
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1 Broiler/fryer Chicken (3-4lbs) 1 Tbsp Dried Rosemary, Crushed 1 Tbsp Lemon Juice 1 Tbsp Olive Oil 2½ Tsp Paprika 1. Place Carrots, Celery And Potatoes In Slow Cooker; Toss With ¼ Tsp Salt And Pepper. Place Lemon Halves And Garlic In Chicken Cavity. Tuck Wings Under Chicken; Tie ...File Size: 757KBPage Count: 11 6th, 2024

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