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NASM Essentials Of Personal Fitness Training, 6th Edition 2. NASM Essentials Of Personal Fitness Training, 5th Edition 3. ACSM's Resource For Personal Trainers, 4th Edition 4. ACE Personal Trainer Manual, 4th Edition 5. Trail Guide To The Body, 5th Edition (Biel) 6. The Fundamentals For The Certified Personal Trainer, 6th Edition (NFPT) 7. Jan 12th, 2024

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Damien Clement, Ph.D., ATC, CC-AASP, NCC, NASM-PES

Applied Exercise Psychology: The Challenging Journey From Motivation To Adherence. Clement, D ., & Arvinen-Barrow, M. (2013). Sport Me Mar 18th, 2024

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Asm_io.asm And Asm_io.inc The "PC Assembly Language" Book Comes With Many Add-ons And Examples Downloadable From The Course's Web Site A Very Useful One Is The I/O Package, Which Comes As Two Files: Asm_io.asm (assembly Code) Asm_io.inc (macro Code) Simple To Use: Assemble Asm Apr 7th, 2024

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