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CRUSTLESS QUICHE - 4 Servings 1/2 Cup Heavy Cream (4.8 G Carbs) 1/2  
Cup Water 1/4 Cup Green Onions (1.7 G) 8 Whole Eggs 2 Cups Crumbled  
Bacon (cooked & Cooled) 1 Cup Sh Jan 1th, 2024**

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