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Tt° "ˆˆˆˆˆˆˆˆ" Hormone Reset Community Cookbook

6 Oz. Water Optional: ½ Cup Spinach Or Other Greens 10 Pecans Or Other Nut To Your Liking DIRECTIONS Combine All Ingredients In A High-speed Blender, And Purée Until Smoot 2 PRAISE FOR DR. SARA'S HORMONE RESET DETOX The Detox Was Amazing And I Felt Like It Gave Me Back My Life. I Didn't Realize How Many Of My Symptoms And Health Issues Feb 25th, 2024

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