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The Sobriety Variety The Sobriety Variety

From Daily Reflections "Driven By A Hundred Forms Of Fear, Self-delusion, Self-seeking, And Self-pity, We Step On The Toes Of Our Fellows And They Retaliate." ALCOHOLICS ANONYMOUS, P.62 My Selfishness Was The Driving Force Behind My Drinking. I Drank To Celebrate Success A 26th, 2024

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In Exercises 1-4, You'll Take This Complete List Of People And Break It Down Into Four Smaller Lists. Exercise I MY NOW LIST The First List You'll Make On Page 6 Will Be The Names Of People You're Willing To Make Amends To Right Away. These Are People Who Will Be The Easiest For You To Approach. We'll Call This First List Of Names The Now List. 10th, 2024

Thoughts On Tradition 12 - Emotional Sobriety And Food

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PART ONE The Great Golden Key - Emotional Sobriety And Food

There Have Been Thousands Of Letters Over The Years Endorsing The Value Of "The Golden Key," Sometimes Even Desperate In Their Appeal For A Copy, As The Request From A Woman Who Wrote For Another Be

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When Bill Wilson's Longtime Drinking Companion, Ebby Thatcher, Appeared In Bill's Kitchen, It Forged The First Link In A Wonderful Chain Of What We Now Refer To As 12-Step Calls. It Was The First Time In Human History We Are Aware Of That A Solution For Alcoholism Was Passed From 10th, 2024

STEP FOUR - Emotional Sobriety And Food

DAILY REFLECTIONS, P. 101} Resentment Is The "number One" Offender. It Destroys More Alcoholics Than Anything Else. From It Stem All Forms Of Spiritual Disease, For We Have Been Not Only Physically And Mentally Ill, We Have Been Spiritually Sick. {BB, P. 64} During The Times 17th, 2024

Emotional Sobriety And The Twelve Steps Of AA

The Untethered Soul: The Journey Beyond Yourself (p.

131). Michael A. Singer "At The Core Of This Alienation From The Actual-self... Is The Loss Of The Feeling Of Being An Active Determining Force In Our Own Lives." Neuros 18th, 2024

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Emotional Sobriety - Into Action

Bill Wilson, Emotional Sobriety But If We're Correct That The Spiritual Malady Is The Real Problem, And Drinking, Drugs, Self - Pity, Self Centered Fear, Demands For Security And Prestige, Depression, Etc. Are Just "solutions" Or

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Unenforceable Rule, Answer The Following
Question: What Should They Have Thought, Or
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Berger, A. (2010). 20th, 2024**

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