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Equates Simply To Chi Kung, But By Using The Word "yoga" In The Name, Lu K'uan Yu Was Able To Leverage The Growing Popularity Of Yoga To Help Students Become Interested In Chi Kung. After Lu K'uan Yu, A Few Other Teachers, Like Mantak Chia In The 1980's, Also Began To Refer To Their Chi Kung As Taoist Yoga As Well. Feb 5th. 2024

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