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Sympathetic Social Social Engagement Occurs Via Eyes, E Mar 5th, 2024.
Energy Psychology, Polyvagal Theory, And The Treatment Of ...The Two Most Well Known Approaches Are Emotional Freedom Techniques (EFT) And Thought Field Therapy (TFT). Both Of These Treatments Are “tapping” Approaches. I Will Be Focusing On EFT And TFT In This Chapter Bringing A Polyvagal Perspective To The Ways They Work. Relative To Most Other Forms Of Treatment, These “tapping” Approaches Are Jan 7th, 2024The Polyvagal TheoryThe Trap Squeeze Test Is Also Helpful In Neck And Shoulder Problems (including Forward Head Posture (FHP)) As Neck And Shoulder Muscles (trapezius And Sternocleidomastoid) Are Innervated By The CN XI (spinal Accessory Nerve) The Trap Squeeze Test Takes A Few Seconds To Complete And Is Suitab Feb 1th, 2024Die Polyvagal-Theorie In Der Therapie - G.P. ProbstNicht Das Gehirn Trifft Eine Kognitiv Fundierte Entscheidung, Sondern Autonome Energien Bewegen Sich In Auf Schutz Zielenden Mustern. Und Aufgrund Dieses Neuartigen Gewahrseins öffnet Sich Die Tür Zum Mitgefühl. ANSEin Funktio Mar 6th, 2024.

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