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### **HOT Calories Calories From Fat Total Fat (G) Saturated Fat ...**

Nutrition Guide Menu May Vary By Location. = FEATURED BEVERAGE. Iced Drinks  
Calories Calories From Fat Total Fat (G) Saturated Fat (G) Trans Fat (G) Cholesterol  
(MG) Sodium (MG) Carbohydrates (G) Fiber (G) Sugar (G) Protein (G) Iced Coffee SM  
16oz 5 0 0 0 0 0 0 1 0 0 0 MED 20oz 5 0 0 0 0 0 0 1 0 0 0 5th, 2024

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Heat Loss. Fats Also Are Important Sources Of The Fat-soluble Vitamins. Fats Are A  
Concentrated Source Of Energy. One Gram Of Fat Provides 9 Calories. Our Bodies  
Use This Energy Or Store It As Fat For Later Use. It Is Efficient To Store Energy As  
Fat Instead Of Carbohydrate Because Fats Are Calorie Dense Almost Half The. 5th,

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**Smoothie Detox The Smoothie Detox Cleanse Recipe Book For ...**

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When You Make The Decision To Be Healthier, By Cutting Gluten, Sugar And Dairy From Your Diet, Your Body Responds Immediately. You Feel Lighter, Tighter, And Energetic. You Grow Accustomed To Breakfasts Of Eggs, Meat, Nuts And Berries...until One Day You Have An Intense Craving For Blueberry Muffins. That's When This Recipe Saves The Day 3th, 2024

### **FAT BURNING RECIPES**

1 Hot Chili Pepper, Chopped 1 Tsp Grated Fresh Ginger ½ Head Cabbage 2 Garlic



Cloves, Minced 2 TBSP Soy Sauce, Low Sodium 2 Tsp Sunflower Oil Sprinkle Fish With Chili Pepper, Ginger And Salt. Steam Cabbage For 5 Minutes. Lay Fish On Top Of The Cabbage And Steam For 5 More Minutes, Until Cooked Thoroughly. While  
1th, 2024

### **The Green Smoothie Bible 300 Delicious Recipes**

The Green Smoothie Bible 300 Delicious Recipes Jan 01, 2021 Posted By Norman Bridwell Media Publishing TEXT ID 846c06a3 Online PDF Ebook Epub Library Recipes The Green Smoothie Bible 300 Delicious Recipes Kristine Miles Ulysses Press Feb 21 2012 Cooking 240 Pages 1 Review A Comprehensive Collection Of Green Smoothie  
4th, 2024

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